



Life Skills and Family Environment

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Family environment is considered as a system where the behaviour and relationship among all family members are inter-dependent. The family environment maintains its importance for the psychological development of the child and the life skills are non-academic abilities for adaptive and positive behaviour that enable individual to deal effectively with the demands and challenges of everyday life. In this book, an attempt has been made to analyse whether family environment helps in developing life skills and makes the adolescents psychological hard.

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